

Tickle Me



Age Birth +

Materials Feather

Setting On a soft blanket on the floor

Description Gently touch your infant with the feather on different parts of his/her body. As you touch the body part say the name of it a few times: "I am tickling your _____." The goal is to get the child to turn his/her head, and even reach for or move the area that is being touched.

Learning Outcomes

Approaches to Learning Child uses initiative, curiosity, and persistence to learn about the world. He or she explores the environment through movement and the use of senses. He or she looks towards the feeling of the feather.

Large Motor Skills Child begins to gain voluntary control of arm movements, using arms purposefully to reach for objects.

Did You Know? Infants develop their gross (large motor) muscles before developing their fine muscles. Therefore expecting infants to manipulate objects before they are able to move their bigger muscles is inappropriate. Early movement experiences should encourage the infant to explore using his/her big muscles, including those of his torso, legs and arms.

Movement Milestone As infants use their larger muscles they begin developing the ability to sit alone, and maintain control and balance. This typically occurs around 5 - 9 months.

INFANTS